

LEVEL 5

START DATE: _____

RIDING SKILLS

- ___ Demonstrate position and balance on flat at all paces
- ___ Rein back
- ___ Ride "on the bit"
- ___ Rhythm at all paces
- ___ Independent seat at the trot & canter
- ___ Show competent transitions
- ___ Maintain forward movement, working trot sitting
- ___ Lengthening of stride in trot and canter
- ___ Ride a 1st level dressage test from memory
- ___ Course of 8 jumps {max. 2'6"}
- ___ Canter 2' jumps without stirrups
- ___ Trot and canter grids
- ___ 1/4 turn on haunches
- ___ Walk to canter transition
- ___ Understand bend & flexion

STABLE MANAGEMENT

- ___ Turn out a show quality grooming job with braiding and trimming & mane pull
- ___ Proper fit of equipment ie. martingale
- ___ Feeding concepts
- ___ Advanced shoeing concepts
- ___ Good and bad points of conformation, temperament, vices, suitability for disciplines
- ___ Identify and understand common bony and bursal enlargements
- ___ Causes and symptoms of common ailments and unsoundness
- ___ Basic bandaging & boots
- ___ Demonstrate show quality tack cleaning
- ___ Use and fit of tack and common accessories
- ___ Basic conditioning, roughing off, bringing a horse back to fitness
- ___ In depth wound care
- ___ Knowledge of First Aid {human & horse}
- ___ Longe a horse with supervision
- ___ Know various wounds & illnesses, symptoms, cause & treatment
- * Highly recommend taking St. John's Ambulance First Aid Course

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:

LEVEL 6

START DATE: _____

RIDING SKILLS

- ___ All gaits with and without stirrups
- ___ Rhythm at all paces
- ___ Independent seat, aids
- ___ Maintain impulsion
- ___ Transitions on a 20m circle
- ___ 10m circles at canter
- ___ Work on contact and on a loose rein
- ___ Lengthening in trot and canter
- ___ Shoulder in at walk & trot
- ___ Leg yield along the wall and on the diagonal in walk & trot
- ___ 1/2 turn on haunches
- ___ Effective control and use of aids
- ___ 3'3" max jumps, jumper style course
- ___ Demo a variety of releases through a gymnastic, including automatic release
- ___ Ride a 2nd level dressage test from memory
- ___ Shoulder in

STABLE MANAGEMENT

- ___ Types of clips
- ___ Nutrition
- ___ The horse's teeth and age
- ___ Types of shoes / Foot care / Condition
- ___ Describe the sequence a farrier would follow to shoe a horse
- ___ Be familiar with specialty shoes
- ___ Good and bad points of conformation
- ___ Causes, sites & treatment of unsoundness
- ___ Demonstrate shipping & stable bandages
- ___ Demonstrate a tail bandage
- ___ Types and action of bits & noseband
- ___ Conditioning a horse for dressage, jumper and eventing
- ___ Care of horse before, during and after competition
- ___ Practical application of stable wraps
- ___ "Show" turnout for rider and horse
- ___ Lunge a horse with side reins
- ___ Lunge a horse and rider
- ___ Demo "feel" for distance to a fence
- ___ Critique horse's jump style
- ___ Show an understanding of engagement & impulsion
- * Highly recommend taking St. John's Ambulance First Aid Course

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:



BALANCE
EQUESTRIAN CENTRE

HOME

BADGE PROGRAM

NAME: _____

START DATE: _____

PROGRESS REPORT

LEVEL 1 - Ready to attend local horse shows
Supervised by instructor
{Corresponds with Equine Canada Rider Level 1}

COMMENTS & COMPLETION DATE:

LEVEL 2 - Eligible for group lessons
11 year old of older eligible to become "Barn Helper"
{Corresponds with Equine Canada Rider Level 2 / worth 2 High School credits}

COMMENTS & COMPLETION DATE:

LEVEL 3 - Can book "practice rides" (supervised)
Ready to consider leasing a horse / pony
{Corresponds with Equine Canada Rider Level 3}

COMMENTS & COMPLETION DATE:

LEVEL 4 - Recommended that you lease a horse / pony
Can teach level 1 & 2 stable management (over 12 years)
{Corresponds with Equine Canada Rider Level 4 & 5}

COMMENTS & COMPLETION DATE:

LEVEL 5 - Can be in charge of horse for a day
Can teach level 1,2 & 3 stable management (over 12 years)
{Corresponds with Equine Canada Rider Level 6 / worth 4 High School credits}

COMMENTS & COMPLETION DATE:

LEVEL 6 - Encouraged to teach stable management up to level 4
Solid preparation for Equine Canada NCCP Level One
{Corresponds with Equine Canada Rider Level 7 & 8 / worth 4 High School credits}

COMMENTS & COMPLETION DATE:

RECOMMENDED READING

The Manual of Horsemanship, The Official Manual of the Pony Club
New Zealand Pony Club Manual #1
Happy Horsemanship
"Threshold" Guides #1 - 35
Horsemaster's Notebook {3rd Edition}
Usborne Books for Young Riders

www.BalanceEquestrian.ca

CAMPBELL RIVER, BC

LEVEL 1

START DATE:

RIDING SKILLS

- Leading in hand with correct turns
- Adjust stirrups & girth from ground
- Mount from proper side
{ Mounting block may be used }
- Pick up reins properly
- Shorten reins at halt
- Simple exercises at the halt & walk
{ Including circles }
- Walk and halt transitions
- Trot on lunge, including posting
- Confidence around ponies
- Balance standing in stirrups at halt & walk
- Proper position at halt & walk
- Identify direction of travel
- Drop & retake stirrups at walk
- Ride the centre line at a walk
- Beginning to understand use of diagonals at the rising trot

STABLE MANAGEMENT

- Parts of the horse { basic }
- Know colour of horse ridden
- Know "near" and "far" or "off" side
- Parts of the saddle & bridle
- How to feed a treat
- What a horse eats & drinks
- Knowledge of safety rules
- Use of a dandy brush, body brush
curry comb & hoofpick
- Importance of water
- Quick release knot
how and when to use it
- How and why we clean tack
- Cleaning the tack
- How to hang the halter
and bridle correctly
- Must be able to do the following
with parental help:
 - Approach & catch a loose pony
 - Release a pony into paddock
 - Putting on a halter
 - Lead a pony at walk
 - How to tack up and untack

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:

LEVEL 2

START DATE:

RIDING SKILLS

- Walk & trot with no stirrups
- Trot: both rising & sitting
- Transitions
{ Halt, walk, trot, walk, halt }
- Proper use of aids
- 20m circles at walk & trot
- Controlled turns at trot
- Correct use of diagonals at the rising trot
- Canter individually in an enclosed area
{ at least once around ring }
- Walk & trot over poles
- Hold 2 point position in walk & trot
- Confidence at walk & trot
- Adjust girth & stirrups while mounted
- Circles at sitting & rising trot
- Walk on a loose rein
- Leg yield at walk
- How to hold a whip

STABLE MANAGEMENT

- Parts of the horse { all }
- Parts of the bridle
- Breed, colours & markings
- Feed and water the ponies
- Identify and use the body brush, dandy brush, curry comb & hoofpick
- Know how often a farrier should visit
- Able to tie a quick release knot
- Know why we groom
- Safety rules in group riding and riding on the road
- Signs of a horse about to kick or bite
- Put on and remove a blanket with help
- "Put up" a bridle & saddle
- Must be able to do the following
without help:
 - Lead pony at a walk & trot
 - Turn correctly
 - Lead in & out of the stalls and paddocks correctly
 - Tack and untack properly

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:

LEVEL 3

START DATE:

RIDING SKILLS

- Basic position at walk, trot & canter
- 2 point position in walk, trot & canter
- Trot & canter with no stirrups
- Transitions: up and down
- Canter a circle on the correct lead
- Simple change on the diagonal through trot
- Trot poles
- Progressive jumping from small individual jumps to small course { x poles }
- Demo "join up"
- Ride a walk/trot dressage test from memory
- Canter poles without stirrups
- Leg yield at trot
- Correct use of whip/crop

STABLE MANAGEMENT

- Grooming tools { all }
- Able to describe 6 snaffle bits
- Parts of the foot
- Why, what and when you should feed a horse
- Describe a specific horse
- Good/bad features of pastures and stalls
- Cooling out your horse
- Signs of necessity of shoeing
- Signs of colic
- Cast horses
- Signs of lameness and inflammation
- Minor wounds and treatment
- Tack cleaning
{ Taking apart and putting together }
- When to call a vet
- Hay net - Safely tying up
- Sign & treatment of thrush
- Put on & remove blanket unassisted

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:

LEVEL 4

START DATE:

RIDING SKILLS

- Beginning to understand "on the bit"
- Effective, secure position at walk, trot, and canter
- Feel rhythm at all paces
- Smooth transitions up and down
- Canter circles in each direction
- Jump a minimum of 6 fences at 2'0" with change of direction (in canter)
- Demo long, med. & short crest release
- Demonstrate **confidence** and pace
- Horse handling for breeding / line class
- Canter circles with simple change of leg through trot
- Ride a Training Level Dressage test from memory
- Turn on forehand
- Trot x-rails without stirrups
- Correct shape of serpentines
- Non progressive transitions
ie. walk to canter

STABLE MANAGEMENT

- Should be able to demonstrate and teach full, efficient grooming
- Rules & reasons of feeding
- Identify common feeds
- How to measure the height of a horse
- Snaffle bits
- Basic shoeing concepts
- Parasites, diseases and wound care
- Thrush: causes and treatment
- Causes, signs and treatment of colic
- Normal TPR (temperature, pulse and respiration)
- Braiding and show grooming
- Polo wraps and boots
- Different kinds of bits & understand pressure points that are acted upon by bits
- Martingales and other accessories
- Must appear at riding test with show quality cleanliness of horse & tack
- How body uses water
- Signs teeth need floating
- Skin conditions & treatments
- Introduction to lunging

TEST RESULTS

WRITTEN:
PRACTICAL:
RIDING:

* Highly recommend taking St. John's Ambulance First Aid Course